

## CORPORATE TEAM BUILDING DAYS

 $\times$   $\times$   $\times$   $\times$ 

A DAY FOR EVERYONE!







ARE YOU LOOKING FOR A GAME
CHANGING TEAM BUILDING EVENT
THAT IS FULLY INCLUSIVE FOR EVERY
MEMBER OR YOUR TEAM?

WHEELCHAIR RUGBY LEAGUE IS A SPORT PLAYED BY DISABLED AND NON-DISABLED PEOPLE, OF ALL GENDERS AND AGES!





#### **ABOUT US.**

Edinburgh Giants is a charitable organisation (SC053337) that provides inclusive sports opportunities for disabled and non-disabled people. We deliver sport, physical activity and health and wellbeing focussed on increasing participation levels throughout Edinburgh and the surrounding area.

At the Giants we are driven by our charitable purposes of:

- The advancement of of public participation in sport for adults and children;
- The provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the the facilities or activities are primarily intended and
- The advancement of health.









# WE ARE OFFERING YOU THE OPPORTUNITY TO EXPERIENCE OUR AMAZING SPORT THROUGH OUR CORPORATE TEAM BUILDING DAYS WITH A FOUCS ON:

Trust

Communication

Resilience

Problem solving

Team work

And lots of FUN!





### AN ACTION PACKED DAY OF FUN AND GAMES! (AND SOME BREAKS OF COURSE)

- Meet & Greet a warm welcome from the Giants.
- Wheelchair allocation, health & safety talk and free time to get used to the wheelchair
- Wheelchair orientation and fun games
- Train like a Giant develop the core skills of Wheelchair Rugby League
- Trust, Resilience and Problem solving activities and games
- Team work games to develop communication and resilience
- Presentations





### WHAT'S INCLUDED FOR UP TO 20 PEOPLE IN EDINBURGH £3950

- A full day of coaching from the Giants team
- Specialised wheelchairs and equipment required to take part in all of the activities
- Drinks and snacks throughout the day to keep the team refreshed (lunch is not included and participants are encouraged to bring a packed lunch)
- Trophies and medals
- Photographs to capture and remember your day



### \*\*\*\* EBESTED?

EMAIL:
MARTYN@EDINBURGHGIANTS.ORG
TO DISCUSS IN MORE DETAIL

