



## PLAYER CHARTER

### CLUB VALUES:

- People First- Placing people at the heart of what we do
- Respect for everyone
- Integrity- doing what we say we will do
- Solidarity- teamwork, loyalty and striving to work together

### As an Edinburgh Giant I will:

#### GENERAL

- Uphold the key values of Edinburgh Giants Inclusive Sports Club
- **REMEMBER THE GOLDEN RULE** – Always treat your teammates, coaches, opponents and officials in the same manner that you would like to be treated. That means respect, dignity, and total sportsmanship at all times.
- **BE A GOOD SPORT**- Play fair. Be a leader. Set a good example. Rise above poor behaviour. Have fun. The way in which you conduct yourself has a long lasting effect on everybody around you. That's what practicing good sportsmanship is all about.
- **LISTEN TO YOUR COACH** – You may think your coach is the best, the worst or somewhere in between. It makes no difference. If you're on the team, your job is to listen attentively to what your coach is saying. Coaches do what is best for the team, not an individual player. Coaches volunteer their own time to work with your team. Don't waste that time.
- **BE PATIENT WITH YOUR TEAMMATES**- Every player on your team has certain strengths and weaknesses. Be patient with your teammates as they improve their games – just as they will be patient with you improving your game. Success can only come when the entire team works and plays well together.
- If you have a worry or concern speak to the coach, captain, vice captain/ player representative or safeguarding officer
- Be honest about your needs to the coach, failure to declare health conditions can put yourself, teammates, and coach at risk (Participation Disclaimer)
- Project a positive image of yourself, the club and the sport of Wheelchair Rugby League
- Respond to communication requests (Spond) promptly and update availability as soon as you know it

- When wearing Edinburgh Giants kit ensure you act in a sensible manner and do not bring the club into disrepute
- I will adhere to the Edinburgh Giants Social Media Policy

### **AT TRAINING**

- Arrive to training with the correct kit and in a timely manner
- 10 minute rule: 9 minutes early, 1 minute late
- Take responsibility for your own welfare and if you are in good health to participate
- If in doubt sit out- there are no prizes for pushing through when you are not 100%
- Help with getting equipment out and ready for training and then pack away at the end of training
- When the coach speaks listen- don't play with tags, ball or with your chair

### **DURING MATCHES**

- Show respect to others involved in the game including match officials, opposition players, coaches, managers, volunteers and spectators
- Adhere to the rules and spirit of our game
- Promote fair play and positive behaviour
- Always respect the match officials' decisions- remember they are human and may miss something sometimes this is not on purpose. They do not care who wins and they have no favourite player. Officials just want a fair and safe game to be played
- Never engage in public criticism of the match officials
- Never engage in, or tolerate, offensive, insulting or abusive language or behaviour
- Always ensure that all online postings / images that you publish will conform to the fundamental principles of good-manners and sportsmanship and will reflect the positive spirit of our game

### **I UNDERSTAND IF I DO NOT ADHERE TO THE PLAYER CHARTER, ANY OR ALL OF THE FOLLOWING ACTIONS MAY BE TAKEN:**

I may be:

- Required to meet with Edinburgh Giants (discipline committee)
- Supervised by another coach or person designated by the club
- Required to attend additional training
- Suspended or fined by the club
- Asked to leave the club